

**Events** are as follows and will be run in this order: (Grade 6 1200m competitors should arrive well before 9:45 a.m. so that they may be placed in position to begin at 9:45 a.m.).

TRACK EVENT	GRADE	FIELD EVENT	GRADE
<b>9:45 A.M.</b>		<b>9:45 A.M.</b>	
1200M	6 and 7 boys and girls	Long Jump	4 to 7 boys and girls
Shuttle Relay	Grade 5 and 4	Shot Put	6 and 7 boys and girls
Medley Relay *	6 and 7 boys and girls		
200m (two races)	5 to 7 boys and girls	Soft-ball throw	4 and 5 boys and girls
100m (two races)	4 - 7 " " "		
60m (4 races Grade 4 - 2 races for grade 5)	4 and 5 boys and girls		
300m (two races)	6 and 7 " " "		
100 m (special needs)		Special Needs Soft ball Throw	Grade 4-7 – When Convenient - Let announcer know
600 m	Grade 4 and 5		
800m	6 and 7 boys and girls		
4 x 100m Mixed Relay (two races)	4 to 7 boys and girls		
4 x 100m Relay (two races)	4 to 7 " " "		

\*The **Medley relay** is run as follows in this order:, 600m, 200m, 200m, 200m.

The 600m will collapse down into lane 1 once it is safe to do so. 200m runners will be placed in the lanes by the lane stewards as their team runner approaches the transition zone

Jumping and throwing events run concurrently with track events and should a competitor be called upon to compete in two events at once, the track event takes precedence over the jumps and throws.

\*\* Special needs 100m and softball throw and Long jump 4-7 as needed (No Qualifiers) can be worked in as needed.

Refreshments will be available throughout the day from the Senior High School Cafeteria.

Access to washrooms will be through the door at the east side of South Delta Secondary by the cafeteria.

**Relays will be organized in the same fashion and may take a little more time than usual.**

Any questions on the above arrangements should be directed to Rick Hall at Beach Grove Elementary School, 604-943-0108 or email, rhall@deltasd.bc.ca.

Yours truly,

Rick Hall  
Principal  
Beach Grove Elementary School